## Risk Assessment: Operating the college gym during the COVID19 Pandemic

### Description of the activity, equipment, or area under assessment
Usage of college gym, including weights room and cardio machines

### Significant Hazards

<table>
<thead>
<tr>
<th>Keeping up to date with Guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not able to keep up to date information regarding the virus</td>
</tr>
<tr>
<td><strong>Who is at risk</strong></td>
</tr>
</tbody>
</table>
| Staff Contractors Students Users | • Specific, competent staff assigned to continually monitor Government and industry advice.  
• Staff assigned to keep in contact with University Sports Service, from whom guidance and support is available.  
• Network of Senior College staff monitoring and communicating with each other and discussing working practices. | Low |  |

### Prevention of virus spread

<p>| |</p>
<table>
<thead>
<tr>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Inadequate access controls increasing potential spread of bacteria/virus</td>
</tr>
<tr>
<td><strong>Who is at risk</strong></td>
</tr>
</tbody>
</table>
| Staff Contractors Students Users | • Gym access is by advanced booking only and maximum capacity limits set per 80-minute session (1 user in each room – 2 in total/5 users from the same household).  
• Swipe card access allows for capacity testing and NHS test and trace monitoring | Low |  |

| Multiple contact points including door mechanisms, surfaces, equipment, storage etc... creating increased risk of bacteria/virus contamination |
| **Who is at risk** | **Existing Control Measures** | **Risk Level** | **Additional Measures Required** |
| Staff Contractors Students Users | • Complete assessment of gym space undertaken in advance of opening  
• Reduced capacity to ensure social distancing, monthly deep cleans added, increased inhouse cleaning (for 30 mins twice a day), | Low |  |
| Lack of hand washing and equipment hand sanitation facilities leading to increased risk of spread of bacteria/virus | • Self-cleaning introduced with signage.  
• Users to bring their own water bottles.  
• Hand sanitisation stations in place and staff always monitor to ensure adequately stocked.  
• Signage in place advising of guidance on hand washing.  
• Cleaning staff supplied with PPE (where appropriate)  
• Clear and effective cleaning schedule in place. | Low |
| Ineffective rules, supervision and gym etiquette (e.g. individuals clean all equipment after each use) in place allowing spread of bacteria/virus | • Rules, expectations and responsibilities clarified in writing to users prior to use and reinforced by signage.  
• Penalties in place for non-compliance also made clear and enforced. |  |

### Student/Staff behaviours

| Individuals (including staff) accessing facility despite being symptomatic. | Staff  
Contractors  
Students  
Users | • College has procedures to manage all symptomatic students and staff in line with Government isolation rules/guidance.  
• College-level procedure in place to ensure that individuals awaiting test results are not able to access facilities.  
• Relevant external signage installed. | Low |

### Management of ‘high risk’ individuals

| Individuals at higher risk of severe illness potentially exposed to greater risk of contracting virus in facility. | Staff  
Contractors  
Students  
Users | • College has procedures to manage all staff and students with known health conditions and has applied effective management to access of the facility. | Low |

### First Aid

| Staff unable to give appropriate first aid due to unclear guidance/conflicting guidance relating to virus control. | Staff  
Contractors  
Students  
Users | • Staff are effectively trained in First Aid.  
• Staff have been given up-to-date guidance regarding changed protocols due to coronavirus.  
• First aid kits kept fully stocked with PPE, including additional face masks. | Low |
## Cleaning and Waste Management

<table>
<thead>
<tr>
<th>Risk</th>
<th>Controls</th>
<th>Risk Level</th>
</tr>
</thead>
</table>
| Ineffective or inadequate cleaning of facilities, increasing risk of virus spread | - Facility high level clean, deep clean and sterilisation all undertaken prior to opening.  
- Full cleaning schedule in place, aligned with operational hours.  
- Where additional staff undertake cleaning, they have been trained in all necessary cleaning tasks (inc COSHH).  
- All cleaning equipment and consumables selected with bacterial management in mind.  
- All cleaning staff and those undertaking additional cleaning tasks have appropriate PPE.  
- All waste management procedures reviewed, and practices improved as necessary to improve hygiene control.  
- All bins are lidded.  
- Waste disposal contract in place. | Low |
| Reduced levels of cleaning staff available increasing risk of being unable to provide adequate cleaning services | Staff  
Contractors  
Students  
Users | |
| Untrained staff using cleaning substances and equipment             | |
| Inappropriate disposal of waste, used tissues increasing risk of contamination | |

**Name of assessor:**  
Darren Smith  
**Signature:**  
**Date:** 12/04/2021  

**Line Manager:**  
Jo Cheffins  
**Position:** Bursar