Everything you need to know before arriving at Wolfson College.
## CONTENTS

- 3 WELCOME TO WOLFSION
- 4 GETTING TO WOLFSION
- 5 WOLFSION COLLEGE SITE
- 6 WCSA
- 8 FRESHERS’ WEEK
- 12 EVENTS
- 13 TICKETS
- 16 RESEARCH HUBS
- 17 GREEN ACTION
- 19 OTHER USEFUL INFO
On behalf of WCSA, congratulations on getting to Cambridge and welcome to Wolfson College. Wolfson is a fantastic international and dynamic community of mature students (those over 21 years old) studying at undergraduate, graduate and doctoral levels, as well as numerous dedicated staff, post-docs and fellows. As a relatively young College, established in the 1960s, Wolfson combines many of the traditional aspects of a Cambridge College with a modern mindset and progressive outlook.

Whether Wolfson was your first choice College or not, you are equally part of this wonderful community, and we want to do everything we can to make sure that you feel comfortable here, regardless of whether Wolfson is your home for one year or several.

If you have any questions at all, feel free to reach out to us at any of the emails listed in the contacts section of this booklet, or visit us at the Welcome Desk during arrival weekend.

Welcome to Wolfson!
Wolfson College is located in a quiet part of Cambridge, west of the city centre, near both Sidgwick and West Cambridge sites as well as the University Library.

If you are arriving in Cambridge by train you can take a 10 minute taxi or Uber from the station to get to college, or you can walk 35 minutes to Wolfson.

For coach travel, National Express run hourly services to and from London and the London airports, as well as serving many other towns and cities. Coaches terminate at Drummer Street bus station in the city centre.
The Wolfson College Students' Association (WCSA) is responsible for a range of social activities, the provision of student services, and representing you to the College. We represent all students at Wolfson College and strive to be your best advocates to improve student life.
WELFARE REPS

INTERNATIONAL
CHON WAI HO
wcsa-international@wolfson.cam.ac.uk

WOMEN & NON-BINARY
HOPE ROHSE
wcsa-wommenonb@wolfson.cam.ac.uk

MEN & NON-BINARY
BENJAMIN TEALL
wcsa-mennonb@wolfson.cam.ac.uk

LGBTQ+
PHYLIX HUANG
wcsa-lgbtq@wolfson.cam.ac.uk

DISABILITIES
VACANT
wcsa-disabilities@wolfson.cam.ac.uk

OFFSITE STUDENTS
VACANT
wcsa-offsite@wolfson.cam.ac.uk

PART-TIME STUDENTS
ANDREW FLOWER
wcsa-parttime@wolfson.cam.ac.uk

WELFARE RESOURCES AT WOLFSON

College Tutor
Every Wolfson student is assigned a College Tutor who provides information and advice as well as referrals to other support available elsewhere in the College, University and wider community. Students consult Tutors for assistance with concerns about study, finance, illness, career choices, family matters and many other personal circumstances. Tutors are central to the College’s support for student wellbeing and should be your first point of call for any queries that are not directly related to your course.

Director of Studies
Undergrads are assigned a Director of Studies who provides you with academic support throughout your studies. Any academic related concerns can be discussed with them. If it makes you more comfortable, you can discuss academic issues with your Tutor too!

College Nurse
The College Nurse is Sally Maccallum who can be reached by email at: nurse@wolfson.cam.ac.uk or by phone: 01223 (3)35901. Health-related consultations as well as emotional support are offered to both graduates and undergraduates during the year. Drop-in clinic are in Morrison House (the door opposite the car park entrance beside the bikes) Monday to Friday 11am-12pm, no appointment necessary. For more information see the college website: http://www.wolfson.cam.ac.uk/health

Porters
The Porters are first aid trained and available 24/7 to help you with any queries or worries, including directing you to whomever you need. Email: porters@wolfson.cam.ac.uk
## FRESHERS' WEEK 2022

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td><strong>TUESDAY 27TH SEPTEMBER</strong></td>
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<tr>
<td>WCSA Welcome Desk</td>
<td>11:00-17:00</td>
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<td>Club Room</td>
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<tr>
<td>Item &amp; food donate 'n' take</td>
<td>All day</td>
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<td>Club Room</td>
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<tr>
<td>Themed Music Social</td>
<td>19:00-22:00</td>
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<td>Club Room</td>
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<tr>
<td>Item &amp; food donate 'n' take</td>
<td>All day</td>
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<td>Club Room</td>
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<tr>
<td><strong>WEDNESDAY 28TH SEPTEMBER</strong></td>
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<td>Item &amp; food donate 'n' take</td>
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<tr>
<td>Themed Music Social</td>
<td>19:00-22:00</td>
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<td><strong>THURSDAY 29TH SEPTEMBER</strong></td>
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<td>WCSA Welcome Desk</td>
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<td>Item &amp; food donate 'n' take</td>
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<td>Club Room</td>
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<tr>
<td>Video Game Night</td>
<td>20:00-00:00</td>
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<td>Lee Room</td>
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<td><strong>FRIDAY 30TH SEPTEMBER</strong></td>
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<td>WCSA Welcome Desk</td>
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<td>Item &amp; food donate 'n' take</td>
<td>All Day</td>
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<td>Club Room</td>
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<tr>
<td>WCSA Welcome Cultural Diversity Potluck and BBQ</td>
<td>13:00-17:00</td>
<td>Sundial Garden</td>
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<tr>
<td>Board Games &amp; Quiet Social</td>
<td>19:00-22:00</td>
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<td>Lee Room</td>
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<tr>
<td>Date</td>
<td>Event</td>
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<tr>
<td>SATURDAY 1ST OCTOBER</td>
<td>WCSA Welcome Desk</td>
<td>11:00-17:00</td>
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<td>Item &amp; food donate 'n' take</td>
<td>All day</td>
<td>Club Room</td>
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<td></td>
<td>WolfSong - Sing for Fun!</td>
<td>14:00-14:30</td>
<td>Seminar Room</td>
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<td>Staircase Dinner</td>
<td>18:00-21:00</td>
<td>Dining Hall</td>
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<td>Freshers' Social</td>
<td>21:00-00:00</td>
<td>Club Room</td>
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<td>SUNDAY 2ND OCTOBER</td>
<td>WCSA Welcome Desk</td>
<td>11:00-17:00</td>
<td>Club Room</td>
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<td></td>
<td>Item &amp; food donate 'n' take</td>
<td>All day</td>
<td>Club Room</td>
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<tr>
<td></td>
<td>Women &amp; non-binary Tea &amp; Cake</td>
<td>16:00-18:00</td>
<td>KSJ</td>
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<td></td>
<td>Welfare Chat Circles</td>
<td>19:00-21:00</td>
<td>Various Locations</td>
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<tr>
<td>MONDAY 3RD OCTOBER</td>
<td>Walk to Grantchester Meadows</td>
<td>14:00-16:00</td>
<td>Flagpole</td>
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<td></td>
<td>The Wolfson Howler</td>
<td>21:00-23:30</td>
<td>Club Room</td>
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<tr>
<td>TUESDAY 4TH OCTOBER</td>
<td>Welfare Chat Circles</td>
<td>18:00-20:00</td>
<td>Various Locations</td>
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<td></td>
<td>LGBTQ+ Social</td>
<td>20:00-22:00</td>
<td>Lee Room</td>
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<td></td>
<td>Pub Quiz</td>
<td>21:00-23:00</td>
<td>Club Room</td>
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<tr>
<td>WEDNESDAY 5TH OCTOBER</td>
<td>Sustainability at Wolfson Welcome Social</td>
<td>16:00-17:00</td>
<td>Lee Room</td>
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<td></td>
<td>Jazz Night</td>
<td>21:00-23:00</td>
<td>Club Room</td>
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<td></td>
<td>Jazz Night Alternative in the Lee Mocktail Lounge</td>
<td>21:00-23:00</td>
<td>Lee Room</td>
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<tr>
<td>Event/Activity</td>
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<tr>
<td><strong>S&amp;C Hub Theory of Change</strong></td>
<td>12:30-13:30</td>
<td>Lee Hall</td>
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<tr>
<td>Garden Tour</td>
<td>15:00-16:00</td>
<td>Flag Pole</td>
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<tr>
<td>All Gender Self-Care Session</td>
<td>19:30-22:00</td>
<td>Lee Room</td>
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<tr>
<td>Bounce Table Tennis</td>
<td>20:00-22:00</td>
<td>Club Room</td>
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<tr>
<td><strong>FRIDAY 7TH OCTOBER</strong></td>
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<tr>
<td>Studio 54 SuperBOP</td>
<td>21:00-01:30</td>
<td>Club Room &amp; KSJ</td>
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<tr>
<td>Welfare SuperBOP Quiet Room</td>
<td>21:00-00:00</td>
<td>Lee Room</td>
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<td><strong>SATURDAY 8TH OCTOBER</strong></td>
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<tr>
<td>Board games and puzzles brunch</td>
<td>11:30-14:00</td>
<td>Club Room</td>
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<tr>
<td>WCSA Freshers’ Fair</td>
<td>14:00-16:00</td>
<td>East Court</td>
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<tr>
<td>Oktoberfest</td>
<td>20:00-00:00</td>
<td>Club Room</td>
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<tr>
<td>Oktoberfest alternative - Kaffeehaferl</td>
<td>19:30-22:00</td>
<td>Lee Room</td>
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<td><strong>SUNDAY 9TH OCTOBER</strong></td>
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<td>Market Square Trip &amp; Jesus Green Picnic</td>
<td>11:00-15:00</td>
<td>Flag Pole</td>
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<tr>
<td>Welfare Tea &amp; Cake</td>
<td>16:00-18:00</td>
<td>KSJ</td>
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<tr>
<td>Tour of Paradise Nature Reserve</td>
<td>16:00-18:00</td>
<td>Flag Pole</td>
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Wolfson’s ‘big old parties’ (BOPs for short) are the highlight of the ents calendar!

Providing a good chance to let your hair down, we usually run two or three BOPs per term, each of which has its own theme. Previous themes have included the 1990s, Valentine’s masquerade and the Great Gatsby (complete with a casino). Attendees are encouraged to dress up for the theme, so don’t be afraid to show some creativity!

All BOPs feature a live DJ, and the bar team never fails to impress with their specialty ‘boptails’!

Wolfson College members are welcome to bring guests to BOPs, though be warned - tickets usually get snapped up pretty quickly!

Tickets are FREE for members and £5 for non-members.

**STUDIO 54 SUPERBOP**

A night of glitz and glamour awaits! Tonight Wolfson pays tribute to New York’s infamous Studio 54 Nightclub. Dress to impress, and get ready for a wild night of 1970s and 80s disco to end the week!

Tickets go live from 18:00 on Thursday 6th October, doors open from 21:00 on Friday 7th October!
EVENTS

WOLFSON HOWLER

Wolfson’s live stand-up comedy nights never fail to draw a crowd! Our very own Club Room has hosted big names such as Dane Baptiste, Fern Brady, Phil Wang, Ed Gamble, and many more! The first Howler of term will be Monday 3rd October, 21:00-23:30 in the Club Room.

PUB QUIZ

Think you’re smart? Flex your grey matter in the face of ten rounds of fiendish trivia! With big prizes up for grabs, we guarantee to have you racking your brains and scratching your heads in this regular test of general knowledge!

MUSIC NIGHTS

Our ever-popular music nights offer a chance to relax at the end of a busy week. Whether it’s themed nights, live band performances or open mic nights, no two music nights are ever the same! Join us as we transform the bar into a hidden gem of the Cambridge music scene!

OKTOBERFEST

Wolfson’s own celebration of the Bavarian festival! Join us as we transform the Club Room into a traditional German beer hall, complete with steins, German beer and pretzels. Prost!

KAFFEERHAFERL

Oktoberfest not your thing? The Welfare Team offers a quieter non-alcoholic alternative, transforming the Lee Room into a cosy coffee house!

POTLUCK & BBQ

Celebrating Wolfson’s proud cultural diversity! Bring and share snacks from your home towns and countries and partake in this potluck snack event!
TICKETS

Some events at Wolfson require tickets, which can be obtained through the Eventbrite ticketing service.

Not familiar with Eventbrite? Here’s a handy guide to using it!

1. Prior to the event, you will be emailed with a link to Eventbrite. Click the link, and you will be directed to a webpage containing details of the event.

2. From here, click the tab marked ‘Tickets’. You will be asked to choose how many tickets you want. Once you have chosen, click the tab marked ‘Checkout’.

3. In the checkout section, fill in your details, including your name and email address. For paid events, you will also be asked to fill in your card details.

4. Once you have done this, click the tab marked ‘Place Order’. You will then receive a confirmation message.

5. Job done! Your tickets will be emailed to you straight away - be sure to keep them handy to show to the door staff at your event.

The majority of events don't need a ticket, just show up!
UPON ARRIVAL

01

University email
Set up your University Account to access your email and other password-protected University and College services.

02

Visit the Tutorial Office
Bring your ID and documents to the Tutorial Office for scanning and/or registration. Students with Tier 4 visas must do this within 7 days of arrival. They will advise you on what to do next.

03

Consent and Anti-Racism Workshops
Please sign up for the College-sponsored workshops on Consent, which will be held throughout the day on Tuesday, 4 October, and Saturday, 8 October. The College is also organising workshops on Anti-Racism for all new students.

04

Get a Bike
A bicycle is the easiest way around Cambridge. They can usually be bought at the Freshers’ Fair or one of the numerous bike shops in the local area. Shop around, don’t feel pressured to buy a bike at the first shop you see! Once you have a bike, make sure to register it at the Porters’ Lodge.

05

Register with a local doctor
You need to register with a local doctor to access NHS care. The nearest location to College is Newnham Walk Surgery at CB3 9HS. If you live offsite, you may want to register with a surgery closer to your residence.

06

Get involved at College
Your College is usually the heart of your Cambridge experience. Expect your first week to be taken up by events at Wolfson.
WOLFSON'S INTERDISCIPLINARY RESEARCH HUBS ON GENDER, GLOBAL HEALTH, AND SUSTAINABILITY & CONSERVATION ARE OPEN TO ALL STUDENTS AND FELLOWS

Gender Research Hub
Wolfson College's Gender Research Hub brings together passionate individuals to actively educate, discuss, and disrupt ideas and issues related to gender. It draws on Wolfson's diverse networks of students, professionals, and world-class researchers to explore gender issues across the globe. The hub also recognises that gender intersects with other axes of oppression, including race, ethnicity, sexual orientation, class, and dis/ability status, among others.

Global Health Hub
The Global Health Hub is a place for Wolfson members to meet and discuss important issues relating to global health. The hub has held a number of events in the past year including panel discussions, short talks, and informal meetings. Many of these have focused on COVID-19, but future events will cover other important topics in global health.

Sustainability and Conservation Hub
Convening interested individuals and organisations to inform, educate, and explore disruptive solutions to combat the destruction of the natural world. The S&C Hub empowers Wolfson's diverse and international network to trigger the deep changes needed to wider global systems through an interdisciplinary focus, multi-generational collaboration, and systems thinking.
At Wolfson, you are welcome and encouraged to learn, act and lead on green action and knowledge. If you’re unsure, this is a place to learn what that means to you. Check out the College’s emerging Sustainability Strategy here, or contact the Sustainability & Conservation Hub for more info: sc-hub@wolfson.cam.ac.uk

**Green Society of Wolfson College**

The platform for the student conversation and campaigns on all things ‘green’ at the College.

**Sustainability Committee**

Wolfson College’s decision-making body that oversees all forms of sustainability activity within the College and reports to the College Council.

**WCSA Green & Campaigns Officer**

The elected student representative for green and campaign matters

**Engage for Change**

Learn to make change happen through effective and transformative engagement with others though a University-level initiative with close ties to Wolfson College.

**Green Impact Challenge**

Green Impact is the University’s environmental accreditation scheme. It supports and encourages departments and Colleges across the University in reducing their environmental impacts.

**Interdisciplinary Research Hub in Sustainability & Conservation**

The full Wolfson community past, present and future; student, staff, Fellow and Alumni, who have an interest in discussing, informing and experimenting with disruptive solutions to the destruction of the natural world, be it cultural, technological or something else entirely.
Waste & Recycling

Every bedroom should have a reusable green mixed recycling bag. Every kitchen should have a mixed recycling bin, a general waste bin and a kitchen organic waste caddy. If you do not have any of these, email the Green Officer at wcsa-greenofficer@wolfson.cam.ac.uk.

Why bother with separating out recycling, food and general waste?

To reduce the volume of general waste that goes to landfill, which makes general waste bags easier to handle, saves everyone money through fewer general waste collections and reduces production of greenhouse gases associated with general waste landfill sites.


Mixed Recycling

The majority of your waste is recyclable. Please put all of the following into the mixed recycling and ensure they are clean. Make sure to rinse food cans and jars. Dirty pizza or takeaway boxes should go in the general waste.

Food Waste

Kitchens should have a green caddy and paper liners. You can get more liners from the Porter’s Lodge. All your food waste is taken by the Council for composting. This includes fruit, vegetables, meat, bones, rice, pasta, eggshells, teabags, leftovers, etc. Please do not put any non-biodegradable waste such as plastic bags into any of the food bins! Only paper liners or newspaper to contain your food waste.

General Waste

Please recycle as much as you can, so no recyclables or food in any general waste wherever possible.

Non-recyclable waste includes items such as polystyrene or Styrofoam containers, crisp packets, dirty or soiled packaging (e.g. greasy pizza boxes), tissues, crisp packets, broken glassware (wrapped), broken crockery (wrapped).

A full list of what can and can’t go in bins can be seen here: https://www.cambridge.gov.uk/what-goes-in-which-bin
OTHER USEFUL INFO

DINING HALL TIMES:
Breakfast: 07:00-09:00
Lunch: 12:30-14:00
Dinner: 18:00-19:30
Brunch (Sat & Sun): 11:30-14:00

COFFEE BAR TIMES:
Mon-Fri: 09:30-16:30
Sat-Sun: Closed

BAR HOURS:
Mon-Sun: 20:00-00:00

GYM TIMES:
Mon-Fri: 07:00-00:00
Sat-Sun: 08:30-00:00
Women & Non-Binary Hours: Mon & Wed 18:00-19:00, Tue & Thu 10:00-11:00, Sun 11:00-12:00
(Please do not use the gym during these hours if you do not self-identify as a woman or as non-binary).

LIBRARY:
Open 24h

VISIT THE WCSA WELCOME DESK IN THE CLUB ROOM IF YOU HAVE ANY QUESTIONS WHEN YOU ARRIVE.