



# Wolfson College Gym

## Terms and Conditions

1. I acknowledge that the use of any gym equipment carries an element of risk and I agree to use all equipment in a sensible and safe manner. I will not hold Wolfson College liable for any injury I sustain while using the gym.
2. I will enter and exit the Gym using my own University/Wolfson College card, and I agree to show it to a Porter or other member of the Wolfson College staff when requested for inspection.
3. I will not allow any other person into, or out of, the Gym, nor will I lend my card to another person for use in the Gym: every individual must enter or exit using their own card.
4. I will not prop open the door to the Gym, since this will set off an alarm.
5. I am aware that CCTV is installed in the Gym and I accept the use of CCTV in the Gym.
6. I will use weights appropriate to my size and strength, and I will use a spotter when lifting heavy weights with a barbell.
7. I will return all weights and other equipment to the correct place after use.
8. I will dispose of any litter and will leave the Gym in a tidy state.
9. I will behave appropriately in the Gym and respect my fellow Gym users.
10. I will report any misuse of the Gym to the Porters' Lodge.
11. I will report any broken equipment to the Maintenance department using the online Maintenance Request form.
12. I will not use the Gym after midnight and I will leave the Gym when requested to do so by a Porter or other member of the Wolfson College staff.
13. I will not play music in the Gym before 09.00. I will turn the music down or off when requested.
14. I understand that if I do not comply with any of these rules, I will no longer be allowed to use the Gym and my card will be disabled.